

ALL CHILDREN THRIVE-CALIFORNIA (ACT)

Imagine a city designed with **child well-being** at its center, fostering healing and resilience, so that all children, of all backgrounds, can thrive.

THE CHALLENGE

The people, places, and laws that shape how our children live, play, learn, and grow are failing to meet the needs of California's children.¹⁻⁵ While we are all facing more adversity, our cities are structured to negatively impact some children more than others, which means they have poorer health and fewer opportunities to thrive.⁶⁻⁸



50% of children have experienced at least one traumatic adverse childhood experience (ACE).¹



18.6% of adolescents needed help for emotional or mental health problems.²



Traumas — Adverse experiences, such as physical and emotional abuse, and neglect and household violence, can affect a child's emotional and physical well-being into adulthood.³



Community Traumas — Are inflicted by economic hardship, community violence, poor housing quality, histories of racism, and ongoing inequity — put low-income individuals and people of color at greater risk.⁴

THE SOLUTION



All Children Thrive – California is a community-led movement that:

- Transforms current systems to improve child and family well-being
 - Connects community members with city staff and elected officials to create policies, programs, and resources
 - Builds networks of people and places co-designing innovative solutions and sharing their learning to help all of California's children thrive



THE HOW

ACT is building new teams of people and places working together to improve child well-being. We are uniting city officials and community members, who know their cities best, to co-design solutions in ACT's focus areas. By bringing new people together and all of them having an equal voice, we can heal the traumas of the past and transform our future.

ACT's Community Action Areas are:

Strengthening Economic Supportsfor Children		Promoting Healthy Child Development		ł	Creating Protective Environments
	d Families	Youth Development and Civic Engagement		k	Access to Safe and Stable Housing
THE STEPS					
Image: Control Image: Control Image: Control Engage communities assess across the state. Image: Control Help communities assess their data to understand the root causes of child and community adversity. Image: Control Communities set goals, design a roadmap for success, and adopt plans for action. Image: Control Control Image: Control Contro Image: Co			CHILD WELL-BEING		<image/>

THE PARTNERS: Public Health Advocates, UCLA Center for Healthier Children, Families & Communities, and Community Partners across California



CENTER FOR HEALTHIER CHILDREN, FAMILIES & COMMUNITIES

To learn more and get involved, contact: info@ACT-CA.org Visit <u>ACT-CA.org/references</u> to view document sources 1–8.